JSPL Foundation unveils SWASTI on International Day of Older Persons

PBD BUREAU

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J S P L Foundation, the CSR arm of Jindal Steel & Power Ltd. observed the International Day of Older Persons on Thursday by unveiling its programme SWASTI at its Medicine Center located at Village Jamunda Jungle in Angul. Attending by various elderly people of the nearby villages having health issues, the programme incepted with a high note of optimism in the local community.

SWASTI programme is aimed at providing geriatric care through naturopathy, yoga, pranayama, physical (joint/muscle mobility/relaxation) exercises with manually operated physiotherapy equipment, counselling for diet with other spiritual engagements.

Such interventions are being managed in coordination with the doctor of Occupatiional Health Center of JSPL in Angul, physiotherapists from "Asha the Hope " center by JSPL Foundation and yoga and meditation practitioners.

Speaking on the occasion KP Behera, Chief Medical Officer of Occupational Health Center of JSPL Angul reiterated the commitment of JSPL Foundation for elderly people with various health ailments and said, "this center will provide customized health care to address physical, mental and spiritual well-being of the elderly people suffering from age related health problems and it will definitely helpful for the society at a large."

COVID-19 precautionary guidelines issued by the state Government and district administration were strictly observed during the programme.

Complimenting the Medical and CSR team for the above initiative, Damodar Mittal, the Acting Location Head of JSPL said, 'The senior citizens deserve our care and concern and we should continue to extend holistic support for their well being." JSPL Foundation has been encompassing all cross sections of the society in its development programmes, he added.